

SPORTS CAMPS



SUMMER FUN HORSEBACK RIDING CAMP

Age 6+

with Springdown Equestrian Center 650.581.1114

Spend this two week session with horses at our fun-filled camp during your summer break. Each day is filled with horse information and hands on learning that build a solid foundation. Demonstrations, grooming, and learning how to tack up your horse, and riding instruction in groups of same ability, but always with safety in mind. Ride in a real horse show at the end of the session. Bring a friend to join you in experiencing this wonderful camp. Download the liability form/application at www.springdown.com. (After care is available - contact the office at 650-581-1114.)

Location: SDEC, 725 Portola Rd., Portola Valley

\$750 • 10 days

16.365	M-F	9am-1pm	6/14-6/25
16.366	M-F	9am-1pm	7/5-7/16
16.367	M-F	9am-1pm	7/19-7/30

TENNIS MINI-CAMPS

Age 9-14

Taught by the staff of Stanford Tennis Coach John Whitlinger and USPTA Professional Tom Sarsfield.

Our popular tennis camps emphasizes stroke FUNDamentals with dynamic games and exciting drills. These clinics help players understand efficient stroke mechanics, match play preparation, and basic strategy for Novice to Low Intermediate students. Two courts grouped by ability. Please sign up early!

Location: RMCC Tennis Courts

\$65 / \$77NR • 4 days

16.324	Novice	M-Th	1:30-3pm	8/16-8/19
16.325	Low Int	M-Th	3-4:30pm	8/16-8/19

FENCING CAMPS

Age 7-14

First Place Fencing Club 650.592.1619/start@firstplacefencing.com

Welcome back to our sixth summer of introductory fencing camps. Our camps are becoming ever more popular and we have to continually add extra sessions. Fencers from our camps have become top competitors in their own right, earning medals at national competitions within a year. Whether you desire to be part of this elite group of competitors or just want to have a fun time fencing, start off your experience with this fencing camp. The camp consists of conditioning, strength, agility and speed exercises; basic fencing footwork and blade manipulation; learning the rules of the game; basic strategy and tactics. This fun five-day camp culminates with a tournament on the last day held with a BBQ provided for the kids, parents and spectators. Water and some snacks are provided, campers should bring their own lunch or make arrangements with the club.

Location: First Place Fencing Club, 835 E San Carlos Ave, Suite B, San Carlos

16.311	M-F	9am-4pm	7/12-7/16	\$325 • 5 days
16.312	M-F	9am-4pm	7/19-7/23	\$325 • 5 days
16.313	M-F	9am-4pm	7/26-7/30	\$325 • 5 days
16.314	M-F	9am-4pm	8/2-8/6	\$325 • 5 days
16.315	M-F	9am-4pm	8/9-8/13	\$325 • 5 days

TEEN/ADULT 2 DAY FENCING CAMPS NEW

Age 13+

This low-cost, easy to digest fencing camp over the weekend will introduce teenagers and adults of all ages to the sport of fencing. In addition to learning this fun sport, you'll get a great workout as we introduce people to the fitness regimen of fencers (it's a great workout, but it's not that hard: hey, we like to party too). Learn the basics common to all three weapons, foil, saber and epee; introduce the conditioning required, and explain the differences among the weapons. By day two, campers will have a chance to try each of the three weapons to see how they measure up on each one.

Location: First Place Fencing Club, 835 E San Carlos Ave, Suite B, San Carlos

16.316	Sa/Su	11am-4pm	7/17-7/18	\$120 • 2 days
16.317	Sa/Su	11am-4pm	7/31-8/1	\$120 • 2 days

BEGINNING ICE SKATING MINI-SESSION

Age 6-13

with Nazareth Ice Oasis

Stay cool this summer and get the basics of ice skating in this mini session - lesson (with instructor) from 10:00am to 10:30am, practice time (without instructor) from 10:30-11:30am.

Location: Nazareth Ice Oasis 3140 Bay Road, Redwood City

16.305	M-Th	10-10:30am	6/28-7/1	\$50 • 4 classes
16.306	M-F	10-10:30am	7/12-7/16	\$65 • 5 classes
16.307	M-F	10-10:30am	8/2-8/6	\$65 • 5 classes