

CREATIVE AGING THROUGH EXPRESSIVE ARTS CONFERENCE

A day full of arts in bloom:
Dance, Pottery, Water Coloring,
Poetry, Soul Collage, Nature,
Drumming, Autobiography,
Drama, Music, Creative Spirit



July 20, 2006 8:30 a.m.—3:30 p.m.



Veteran's Memorial Senior Center
1455 Madison Avenue,
Redwood City, CA 94061

Sponsored by:

Center for Aging and Spirituality
Redwood City Parks, Recreation & Community Services
Senior New Ways

For more information contact: 650-780-7264
www.redwoodcity.org; www.agingandspirituality.org; www.seniornewways.org
See registration details on back of this flyer



Center for Aging and Spirituality reaches out to older adults, their families, professionals and students, offering opportunities to study, share and explore the many facets and expressions of spirituality and aging. Together, we seek a better understanding of aging with its joys and challenges.



Redwood City Parks, Recreation and Community Services

“Creates Community Through People, Parks and Programs “

Community Services partners with older adults and persons with disabilities to provide programs that enhance body, mind and spirit focusing on health and wellness through a variety of social events, expressive arts, nutrition, fitness, educational and recreational classes; plus social services support.



Senior New Ways is a multi-faith organization providing programs, resource referral, consultation, and support to older persons and their adult children and caregivers. The organization promotes the physical, mental, spiritual and social well-being of older adults.

Conference Preview



Welcome and Opening Ceremony

Creative Spiritual Traditions

Creative Morning

The Art of Dreaming Watercolor

Writing-Poetry Drumming

Mid Day Activities

Front Porch Gallery, Nature Walk,

Lunch, Music, Stagebridge

Creative Afternoon

Dance, Soul Collage, Pottery

Guided Autobiography

Closing Ceremony

Name _____
 Street _____ City _____ ZIP _____
 Phone _____ Email _____

Cost: \$30 Seniors____; \$45 Regular____; \$10 Lunch____;
 \$10 CEU's (class credit) ____

Amount enclosed: \$ _____ Make check to: *Sunny View Center*

Mail to: Center for Aging and Spirituality
 22445 Cupertino Rd., Cupertino, CA 95014