



EXPRESS

YOURSELF!

2nd Annual

**Creative Aging, Expressive Arts &
Spirituality Conference**

Friday, June 22, 2007

8:30 am – 3:30 pm

Veterans Memorial Senior Center

1455 Madison Avenue – Redwood City, CA 94061

Join us for an extraordinary day of self-expression through the arts: music, drumming, writing, painting, and more. The classes will be focused for the attendee who wants to experience art and provide learning opportunities for professionals who want to offer the people they work with new experiences.

Cost: General=\$50* Senior=\$35*

CEU's Available = \$20

*Lunch included

Sponsored by:

Center for Aging and Spirituality * Redwood City Civic Cultural Commission
Redwood City Parks, Recreation & Community Services * Senior New Ways

Check websites: www.agingandspirituality.org www.redwoodcity.org www.seniornewways.org

For more information call the Event Hotline 650-780-7264



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Conference Preview

Welcome and Opening Ceremony

Creative Morning

**Drumming/Watercolors/Dance
Life Review/Voice and Spirit**

Key Note

Adam Milgram

LUNCH & ENTERTAINMENT

Creative Afternoon

***Music through Harps/Reiki
Storytelling/Dreamwork/Soul Collage***

Name _____
Street _____ City _____ ZIP _____
Phone _____ Email _____

Cost: \$35 Seniors____; \$50 General____; Lunch Included
\$20 CEU's (class credit) ____

Amount enclosed: \$ _____ Make check to: *Sunny View Center*

Mail to: Center for Aging and Spirituality
22445 Cupertino, CA 95014