



# FAIR OAKS COMMUNITY CENTER

2600 Middlefield Rd. Redwood City 94063 (650)780-7500

## FAIR OAKS COMMUNITY CENTER

Serving the Broader Redwood City Community

The Fair Oaks Community Center is a multi-service facility offering a variety of services to the broader Redwood City Community. Services are offered by a combination of City staff and representatives from public and private non-profit agencies. Although hours vary by particular program, the general service hours are:

Mon/Wed	8:00am-11:00am; 1:00-4:00pm
Tues	8:00am-11:00am; 3:00-4:00pm
Thurs	8:00am-11:00am; 3:00-4:00pm
Fri	8:00am-11:00am*; 1:00-4:00pm

\*8am-11am only on the 2<sup>nd</sup> Friday of the month

### Services are available in Spanish and English.

The following types of services are available:

- Child Care and Pre-School
- Crisis Intervention
- Education
- Food Programs
- Shelter
- Holiday Toy and Book Program
- Housing Assistance
- Immigration and Citizenship
- Information and Referral
- Legal Services
- Senior Services including breakfast and lunch programs, computer classes, exercise classes, art classes, and other activities.
- Translation and Forms Assistance

### For more information, call 780-7500.

- Art Classes
- Computer Classes
- Exercise Classes
- ESL/Citizenship Classes
- Spanish Classes
- Tai Chi Classes
- Yoga Classes

## CENTRO COMUNITARIO FAIR OAKS

Serviendo la Comunidad de Redwood City y sus Alrededores

El Centro Comunitario Fair Oaks es un centro que ofrece una variedad de servicios a la comunidad de Redwood City y sus Alrededores. Los servicios están ofrecidos por personal de la ciudad y representantes de diferentes agencias públicas y sin fines de lucro. El horario de trabajo varía por programa, pero las horas de servicio general son:

Lunes, Miércoles	8:00am-11:00am; 1:00-4:00pm
Martes	8:00am-11:00am; 3:00-4:00pm
Jueves	8:00am-11:00am; 3:00-4:00pm
Viernes	8:00am-11:00am; 1:00-4:00pm*

\*Únicamente de 8am-11am el 2do viernes cada mes.

Los servicios están disponibles en Inglés y Español. Ofrecemos los siguientes tipos de servicios:

- Guardería y Pre-Kinder
- Ayuda para personas en Crisis
- Educación
- Programas de Comida
- Albergues
- Programa de Juguetes y Libros para Navidad
- Asistencia relacionado con Vivienda
- Asistencia con Inmigración y Ciudadanía
- Información y Referencias sobre diferentes servicios en el area
- Servicios Legales
- Servicios para Mayores de Edad incluyendo programa de desayuno y almuerzo, clases de computación, ejercicio, arte, y otras actividades.
- Traducciones y Ayuda con Formularios

### Para más información, llame a 780-7500.

- Clases de arte
- Clases de computación
- Clases de ejercicio
- Clases de Inglés y Ciudadanía
- Clases de Español
- Clases de Tai Chi
- Clases de Yoga

**Estamos aqui para servirles, se habla español.**

The following public or non-profit human service providers are available at the Fair Oaks Community Center. Se habla Español Please call (650) 780-7500.

### **ALANON (SPANISH SPEAKING)**

Meets Tues and Thurs 7:00-9:00pm

### **COMMUNITY EDUCATION CENTER**

A bilingual, multi-cultural pre-school. Call (650)780-7515.

### **CORA**

Provides counseling and advocacy on domestic violence. For more info call (650) 312-8515 or (800) 300-1080.

### **COMMUNITY RESOURCE PROJECT**

Utility bill assistance to San Mateo County residents. Available weekly at Fair Oaks Community Center. Appointments: (650) 598-9247

### **EL CONCILIO OF SAN MATEO COUNTY/ NUESTRO CANTO DE SALUD**

The mission of Nuestro Canto De Salud is to build a coalition which embraces the spirit and culture of the people to identify health issues and make informed decisions in culturally sensitive ways which will improve individual, family and community health. In addition to health screenings and health education, activities include exercise and dance classes. Call (650) 780-7514.

### **FAIR OAKS OLDER ADULT ACTIVITY CENTER/ PENINSULA FAMILY SERVICE**

Health screening, computer lab, Yoga, Tai Chi, Soul line dance, fitness classes, watercolor and lunch and breakfast program. Family Service also provides information and referral. Call (650) 780-7525

### **PENINSULA FAMILY SERVICE**

Elder talk- provides counseling services to older Adults. Call (650) 403-4300 x4905 for more information.

### **H.I.P. HOUSING / HOMESHARING**

Need a roommate? Consider sharing a home. Tuesday and Thursday, 9:00am-5:00pm. To schedule an appointment, call (650) 348-6660 Mon-Fri or (650) 780-7511, Tues & Thurs.

### **INFORMATION AND REFERRAL**

Information on human services available in San Mateo County for residents of Redwood City and North Fair Oaks. Monday through Friday. Call (650) 780-7500 for exact hours and more information.

### **INTERNATIONAL INSTITUTE**

Offers legalization, immigration and naturalization assistance. No appointment necessary on Mondays only, 9am-12pm and 1pm-4pm, on a first come, first serve basis. (650) 780-7530.

### **LEGAL AID SOCIETY OF SAN MATEO COUNTY**

Housing Clinic available Friday mornings at the Fair Oaks Community Center for landlord/tenant and other housing law issues. Call (650) 558-0915 to schedule an appointment. LIBRE Clinic assisting individuals and families that are having problems with public benefits like Medi-Cal, Food Stamps, CalWORKS, and social security. Available 2nd and 4th Thursdays from 3-7pm. Call (650)558-0915 to schedule an appointment.

### **NARCOTICS ANONYMOUS**

(English Speaking) Meets 1st and 3rd Weds, 7-9pm



### **PENINSULA CONFLICT RESOLUTION CENTER (PCRC)**

The mission of the Peninsula Conflict Resolution Center (PCRC) is to promote positive collaboration and active engagement by residents in the communities we serve. Services include training individuals to communicate and solve problems together, facilitating group and community meetings, and public participation skill building. PCRC also assists in the resolution of conflicts with mutually acceptable agreements. PCRC recruits, trains, and supports community volunteers to provide an array of services. Call (650) 513-0330 and visit the PCRC website at <http://www.pcrweb.org/>  
Address: 1660 S. Amphlett Blvd. #219, San Mateo CA 94402.

### **PENINSULA HUMANE SOCIETY & SPCA**

#### **FREE PET "FIXES" FOR LOW-INCOME PET OWNERS.**

2nd and 4th Thursday each month. Pets accepted from 8-9am on a first come first served basis. Call (650) 340-7022, x387.

### **REDWOOD CITY CHILD DEVELOPMENT PROGRAM**

Child care for working parents. Fees based on family income. Child must be 1-5 years old. Call (650) 780-7520.

### **SAN MATEO COUNTY JUVENILE PROBATION**

Provides counseling, advice, & orientation to concerned parents about their children. Call (650) 363-4243.

### **SAN MATEO COUNTY MOBILE HEALTH VAN**

Drop-in health services, every Tuesday, 10am-2pm. Call (650) 573-2346 for more information and schedules for other locations.

### **SAN MATEO COUNTY VICTIM CENTER**

The program provides assistance to crime victims who have suffered physical injury or the threat of injury as the result of a violent crime. Our program provides assistance to eligible victims and/or their family members for out-of-pocket expenses resulting from violent crimes. Advocates are available to meet with victims by appointment or on a drop-in basis at Fair Oaks Community Center on Fridays between 9am-12pm. Call (650) 599-7479 for more information or to schedule an appointment.

### **ST. VINCENT DE PAUL- HOMELESS FOOD PROGRAM**

Redwood City Area Conference provides food and other services to single homeless adults. Mon-Fri, 1:15-2:15pm.(650) 343-4405.

### **VISION AND COMPROMISO – NETWORK OF COMMUNITY PROMOTERS**

Offers trainings for Community Workers/Promoters, leaders, and agency representatives on physical, emotional, and mental health; alternatives for physical activity and exercise for the family; literacy classes in Spanish. Also promotes community events to promote access to education, culture, financial well-being, health, and healthy living. (650) 780-7516.

### **VETERANS HOUSING RESOURCE GROUP**

Assistance with housing access to benefits, and other services for veterans available every Wednesday, 1:30pm-2:30pm. Drop-ins welcome. No appointment necessary.