



INFANTS & TOTS

DISCOVER YOUR BABY

Infants 0-15 months + parents

with *Lee Fernandez, M.A. in Infant & Toddler Development, Certified Montessori Preschool Teacher, Resources For Infant Educators (RIE) Associate, 40 years experience as a parent educator.*

Discover your baby in a peaceful, safe play setting that encourages babies to become attentive, active and curious explorers. Parents are the natural experts, observing and learning from their own child, other participants, and from an experienced parent educator. Focus on what your child can do. Balance baby's needs and your own. Tune in to your unique child and family circumstance. Read baby's cues, discover when to intervene or more importantly, when not to. Enjoy your child's unfolding developmental process. Learn how to create an optimum home environment without expensive toys or gimmicks. For more info contact leefernandez@comcast.net.

Location: RWS Library 

\$70 / \$83 NR • 6 classes

03.455 Tu 10:30am-12pm 9/13-10/18

03.456 Tu 10:30am-12pm 10/25-11/29

BABY SIGN LANGUAGE

Parents to be and parents with babies from birth to 24 months

with *Bill Austin-White*

Want to be a baby whisperer? Stop guessing what your baby is trying to tell you. Baby Sign Language gives babies the opportunity to communicate long before they can verbalize their wants and needs. Signing with babies accelerates language acquisition, reduces frustration, enhances a child's self esteem, and deepens the bond between parent and child. Fun activities and songs will show you how easy it can be to integrate more than 30 basic signs into your everyday routine and jump-start your child's verbal skills. You are welcome to bring your baby, but it is not required. **Materials Fee: \$8 per family. NO REFUNDS 7 DAYS PRIOR TO CLASS START DATE.**

Location: RMCC

\$31 / \$37 NR (\$41/\$49NR per couple) • 1 class

03.465 M 11am-12:30pm 9/12

Couples use 03.266 to register



See page 45 for Pregnancy Nutrition

See page 52 for Parent & Me Exercise Classes



GETTING YOUR CHILD READY FOR KINDERGARTEN

With Redwood City Deputy Superintendent Dr. John Baker

THURSDAY, November 3, 2011

6:00-7:30pm

Community Activities Building

1400 Roosevelt Ave.

This session will be conducted in English with translation available for Spanish speakers. For more information, call Naomi Hunter at 423-2282.

Kindergarten has changed since you were in school, and this is your chance for a preview of what your child will experience during his first year of school. You will hear what the first few days of kindergarten are like, what your child will learn during the year, and how you can prepare them for school. You will have a chance to ask questions to a panel of parents, teachers and principals.

SPANISH SESSION- TUESDAY, NOVEMBER 8, 2011

6:00-7:30pm @ the Fair Oaks Community Center, 2600 Middlefield Road. Session will be conducted in Spanish with translation available for English speakers. Para más información, llame Victoria Orozco: 423-2222.

ART

tots



PRESCHOOL PICASSOS

Age 18 mos-5yrs with Parent
with *Celebrate Art*

Unleash the inner Picasso in your little artist! Every class we will paint, draw, stamp, glue, use playdough and more! Children are encouraged to experiment, learn and be creative in this fun open-studio class. This class introduces and reinforces age-appropriate preschool art skills like gluing, cutting and beading and ends with a short story time. Themes are always changing at our studio so you can take this class again and again!

Location: Celebrate Art, 1023-B Chestnut, Redwood City 94063

\$170 • 12 classes

03.409	M	10-10:45am	9/19-12/12	no 11/21
03.410	M	11-11:45am	9/19-12/12	no 11/21
03.411	W	10-10:45am	9/21-12/14	no 11/23
03.412	W	11-11:45am	9/21-12/14	no 11/23
03.414	W	5:30-6:15pm	9/21-12/14	no 11/23
03.415	Th	10-10:45am	9/22-12/15	no 11/24
03.416	Th	11-11:45am	9/22-12/15	no 11/24
03.417	F	10-10:45am	9/23-12/16	no 11/25
03.418	F	11-11:45am	9/23-12/16	no 11/25
03.419	Sa	9:30-10:15am	9/24-12/17	no 11/26

MY FIRST ART CLASS

Age 18 mos-4yrs with Parent
with *My First Art Class Staff*

A multi-media experience not to be missed. Explore 5 art stations each week where making a mess is part of the process! You have fun; we clean up! Glitter, glue, painting, collage, playclay we do it all. Art projects continue to change all year long! Process rather than product is emphasized. Projects are age appropriate with the children having the freedom to explore materials at their own pace and in their own way. The class ends on a musical note with singing and dancing and having too much fun. Parental participation is required.

Location: RMCC

SESSION 1

\$95 / \$113 NR • 8 classes

Lab Fee: \$10 payable to instructor at 1st class.

18 mos-3yrs	03.401	Tu	9:30-10:30am	9/13-11/1
18mos-4yrs	03.402	Tu	10:45-11:45am	9/13-11/1

SESSION 2

\$50 / \$59 NR • 4 classes no 11/22

Lab Fee: \$5 payable to instructor at 1st class.

18 mos-3yrs	03.403	Tu	9:30-10:30am	11/8-12/6
18mos-4yrs	03.404	Tu	10:45-11:45am	11/8-12/6

SCIENCE & MAGIC

MAD SCIENCE EARTH WORKS!

Age 3-5

with *Mad Science of the Bay Area*

Discover the earth in this series of workshops. Get up close and personal with worms, and take one home for your garden! Become a Jr.

Paleontologist as you go on your own dinosaur dig. Learn about animals and their habitats. Find out why opposites attract as you learn all about magnets. Play with water as you learn about floating, sinking and density, and experiment with bubbles and different bubble makers.

Location: CAB

\$92 / \$109 NR • 6 classes

03.400	M	10:30-11:15am	9/12-10/17
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ABRACADABRA KIDS

Age 4-6

with *Wertman the Wizard*

Hocus Pocus- Abracadabra! Welcome to your first magic class! Students are introduced to magic through simple "self-working" magic tricks which the junior magicians get to take home. Simple magic tricks may further develop fine motor skills, self confidence, interest in magic books and ignite creativity.

This is a parent participation class. Each child receives a magic wand, Magician's Assistant Certificate and simple tricks they have learned. **Lab Fee: \$4 to the wizard at class.**

Optional \$3.50 for wizard hat. NO REFUNDS 7 DAYS PRIOR TO CLASS START DATE.

Location: RMCC

\$19 / \$22 • 1 class

03.444	W	3:30-4:40pm	10/19
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MUSIC

tots



SATURDAY HANDS-ON MUSIC!

Age 2-5 with adult
with Jennifer Henderson, M.A. Music, and award-winning professional flutist

Hands-On Music! teaches beginning music reading, writing, performance and listening skills. Through songs, games and specially-created activities, children begin learning the process of creating and performing music. World and ethnic music, instruments, and famous composers and musicians are included, complete with mini-videos of performances and great musicians. Above all, Hands-On Music! teaches enjoyment and love of music and inspires children's rock-solid confidence in their own ability and potential as musicians. **Children must attend with parent or adult companion.** Lab fee: \$15 payable to instructor at 1st class.

Location: RMCC

\$80/\$90 NR • 5 classes

03.467 Sa 10:30am-11:15am 9/10-10/8

03.468 Sa 10:30am-11:15am 10/29-12/10 no 11/12, 11/26

FUN WITH MUSIC

Infants-3yrs with parent/caregiver

with Beth Nord

Explore old songs and new, lullabies, rhymes, rhythm instruments and more, all appropriate for the age level. This class is a musical opportunity for children (yes, even babies love music) to develop important skills for learning to read and have fun as well.

Location: RMCC

\$95 / \$113 NR • 8 classes

03.441 Tu 11-11:30am 9/6-10/25

\$85 / \$101 NR • 7 classes

03.442 Tu 11-11:30am 11/8-12/20

MUSIC TOGETHER NEW

infants through 4 years

SIBLINGS UNDER 8 MONTHS ARE FREE!

with Mo Music, www.momusic.org

Mo Music is excited to offer nationally acclaimed, Music Together, a parent-child music and movement program. During class, you will sing, dance, and play instruments to songs. These fun activities are developmentally appropriate for children and easy for parents and caregivers to participate in regardless of their own musical ability!

Tuition includes class materials, two professionally recorded CDs and a beautifully illustrated song book so you can continue making music at home. Make up classes can be scheduled online at www.momusic.org. Visit our website for teacher bios. For a free preview class, contact momusicoffice@yahoo.com

Location: RMCC

\$199/\$219 NR • 10 classes (all materials included)

Siblings 8 months and older \$115 / \$135 NR

Teacher: Kristal of Mo Music

03.446 Tu 3:30-4:15pm 9/13-11/15

03.447 Tu 4:30-5:15pm 9/13-11/15

Teacher: Joss Cano of Mo Music

03.448 W 9:30-10:15am 9/14-11/16

03.449 W 10:30-11:15am 9/14-11/16



Nutcracker Tea Party

with the Academy of American Ballet

for ages 2-9

Saturday, November 19 11am-12pm

Join us in dancing and celebrating Nutcracker by attending Academy of American Ballet's Nutcracker Tea! Participants will have tea and cookies while they watch dancers from Redwood City's Ballet America Nutcracker cast perform excerpts of the ballet. After the short performance, little dancers will have a short lesson where they learn steps from the Nutcracker. Dress up in your favorite party dress. Ballet shoes are optional.

Location: VMSC

Class Code: 03.460

FEE: \$33 for 1 parent & 1 child (additional child fee \$13)



DANCE FORCE

Classes instructed by Dance Force teachers

Parents and family will be able to observe the last class or as instructor permits. Thank you for your cooperation!

DANCING TOGETHER

Age 1½-3 with Adult

This class is designed to give children the beginning elements of dance in a fun, comfortable, and creative learning environment. The instructor will guide you through both listening and moving activities, and dances to get you both dancing around hand in hand. We will use props, sing songs, let the children explore the dance space, and have fun! **Adult participation required.**

TINY TOTS BALLET

Age 2½-3½

Magic Wands, Flowers, & Tutus! Children will be introduced to ballet, creative and free movement, learn ballet steps, use props, sing songs and begin to understand dance terminology. **(Parents can stay for the first class & will be invited in for a preview at the mid-point of the session & the last class date. All other class dates we ask parents to wait outside the classroom.)**

PRINCESS PRE-BALLET

Age 3-5

Calling all Princesses! In this magical princess themed class, they will learn ballet, creative dance, individual steps, across the floor movement and dance combinations. While dancing to their favorite princess music they will use fun props like scarves, magic wands, & more. **All dancers will perform in class, on the last day of the session. Parents wait outside of the classroom.**

BALLET & TAP

Age 3-4 & 5-7

Tippy Toe Turns, Alligator Walks, & Magic Garden Dances! This is a great class which introduces your child to ballet and tap. They will learn ballet steps, tap combinations, use props, and understand dance terminology, while dancing to fun music! All dancers will do an in class performance on the last day of the session. **Tap & Ballet shoes required.**



HIP HOP BOOGIE

Age 4-7

Bounce, Jump, & Spin! Your child will love this energetic and action packed class. They will learn basic hip hop dance moves to fun kid's music while building confidence, coordination, and rhythm. Movement games, using their imagination, and being creative is all apart of this great class. Kids will perform on last day of class. **Parents wait outside of the classroom.**

WEDNESDAYS 9/21-11/30 • 10 CLASSES no 11/23

Code	Class	Age	Day	Time	Fee	Location
03.482	Dancing Together!	1½-2½yrs	W	9:30-10am	\$110/\$130 NR	RMCC
03.483	Princess Pre-Ballet	3-5yrs	W	10:05-10:50am	\$120/\$140 NR	RMCC
03.484	Hip Hop Boogie	3-5yrs	W	11-11:45am	\$120/\$140 NR	RMCC
03.485	Ballet & Tap	3½-5½yrs	W	3:30-4:15pm	\$120/\$140 NR	CAB
03.486	Princess Pre-Ballet	3-5yrs	W	4:20-5:05pm	\$120/\$140 NR	CAB
03.487	Tiny Tots Ballet	2½-3½yrs	W	5:10-5:40pm	\$110/\$130 NR	CAB
03.488	Hip Hop Boogie	4-7	W	5:45-6:30pm	\$120/\$140 NR	CAB

SATURDAYS 9/17-12/3 no 10/15, 10/22, 11/26 • 9 CLASSES

Code	Class	Age	Day	Time	Fee	Location
03.489	Tiny Tots Ballet	2½-3½yrs	Sa	10:30-11am	\$102/\$122 NR	RMCC
03.490	Princess Pre-Ballet	3-5yrs	Sa	11-11:45am	\$108/\$128 NR	RMCC
03.491	Ballet & Tap	4-6yrs	Sa	11:45am-12:30pm	\$108/\$128 NR	RMCC



The Redwood City Mothers Club is a growing family of mothers of infants and young children who live in Redwood City and surrounding communities. Our members enjoy a range of fun activities both with our Kids and on our own, too! Visit us at www.rwcmc.org for more info or to join!

GYMNASTICS

ARISTA'S JUMP START GYMNASTICS

Walking - 6 years

Come join the fun! Help build your child's confidence through movement and positive encouragement. Building motor skills through tumbling, climbing, jumping on the trampoline, bar skills, and balance beam. Along with a variety of ball sports, scooter boards, ribbons, and parachute games. Parent participation required for ages walking through 4 years. **The Siblings class is an opportunity for a wider age group to be together. You do not have to be a "sibling" to sign up.** Location: RMCC Gym

SESSION 1

Age	Class #	Day	Time	Dates	Fee	Classes
Walking to 2yrs	14.415	M	12:20-1pm	9/12-10/17	\$86/\$102NR	6 classes
	14.416	W	9-9:40am	9/14-10/19	\$86/\$102NR	6 classes
	14.417	F	9-9:40am	9/16-10/21	\$86/\$102NR	6 classes
	14.418	Sa	9-9:40am	9/17-10/8	\$59/\$70NR	4 classes
2 years	14.419	Tu	9:50-10:30am	9/13-10/18	\$86/\$102NR	6 classes
	14.420	W	9:50-10:30am	9/14-10/19	\$86/\$102NR	6 classes
	14.421	F	9:50-10:30am	9/16-10/21	\$86/\$102NR	6 classes
	14.422	Sa	9:50-10:30am	9/17-10/8	\$59/\$70NR	4 classes
3-5 yrs	14.423	M	2-2:40pm	9/12-10/17	\$86/\$102NR	6 classes
	14.424	Tu	10:40-11:20am	9/13-10/18	\$86/\$102NR	6 classes
	14.425	W	10:40-11:20am	9/14-10/19	\$86/\$102NR	6 classes
	14.426	F	10:40-11:20am	9/16-10/21	\$86/\$102NR	6 classes
	14.427	Sa	10:40-11:20am	9/17-10/8	\$59/\$70NR	4 classes
Age 4-6 Tumbling	14.428	Tu	2:30-3:15pm	9/13-10/18	\$89/\$106NR	6 classes
Walking- 4yrs SIBLINGS CLASS NEW	14.429	Tu	9-9:40am	9/13-10/18	\$86/\$102NR	6 classes



CLASSES @U-ME PLACE

3355 Edison Way, Menlo Park
STAY & PLAY for FREE and enjoy U-ME's Playspace after class!



THURSDAYS \$84
6 CLASSES

Age	Class #	Time	Dates
2-3 yrs	14.401	2:30-3:15pm	9/15-10/20
4-6 yrs	14.402	3:30-4:15pm	9/15-10/20

THURSDAYS \$98
7 CLASSES

Age	Class #	Time	Dates
2-3 yrs	14.403	2:30-3:15pm	11/3-12/15
4-6 yrs	14.404	3:30-4:15pm	11/3-12/15



@Justin Miel

SESSION 2

Age	Class #	Day	Time	Dates	Fee	Classes	Omit
Walking to 2yrs	14.430	M	12:20-1pm	10/31-12/5	\$86/\$102NR	6 classes	
	14.431	W	9-9:40am	11/2-12/14	\$100/\$119NR	7 classes	
	14.432	F	9-9:40am	11/4-12/16	\$73/\$86NR	5 classes	11/11, 11/25
	14.433	Sa	9-9:40am	11/5-12/17	\$73/\$86NR	5 classes	11/12, 11/26
2 years	14.434	Tu	9:50-10:30am	11/1-12/13	\$100/\$119NR	7 classes	
	14.435	W	9:50-10:30am	11/2-12/14	\$100/\$119NR	7 classes	
	14.436	F	9:50-10:30am	11/4-12/16	\$73/\$86NR	5 classes	11/11, 11/25
	14.437	Sa	9:50-10:30am	11/5-12/17	\$73/\$86NR	5 classes	11/12, 11/26
3-5 yrs	14.438	M	2-2:40pm	10/31-12/5	\$86/\$102NR	6 classes	
	14.439	Tu	10:40-11:20am	11/1-12/13	\$100/\$119NR	7 classes	
	14.440	W	10:40-11:20am	11/2-12/14	\$100/\$119NR	7 classes	
	14.441	F	10:40-11:20am	11/4-12/16	\$73/\$86NR	5 classes	11/11, 11/25
	14.442	Sa	10:40-11:20am	11/5-12/17	\$73/\$86NR	5 classes	11/12, 11/26
Age 4-6 Tumbling	14.443	Tu	2:30-3:15pm	11/1-12/13	\$103/\$123NR	7 classes	
Walking- 4yrs SIBLINGS CLASS NEW	14.444	Tu	9-9:40am	11/1-12/13	\$100/\$119NR	7 classes	

Register Online Today!

RedwoodCity.Org/Parks



PRESCHOOL GYMNASTICS & SPORTS

tots

MINI BASEBALL ACADEMY NEW

Age 2½-5
with Mike Roza, professional instructor for 15 years. For more info, visit www.pitchingacademy.com

Play Ball! Your child will have fun, while learning how to play baseball. Class instruction includes Hitting, Fielding, and Throwing the ball. Designed to improve hand-eye coordination, while in a non-competitive environment. We use whiffle balls, big whiffle-ball bats to make it easy to hit, and soft balls to throw and field. Sign up and reap the benefits, that puts a smile on there face. Professional Instruction!!

Location: RMCC / Mitchell Field

\$77 / \$91 NR • 4 classes

SESSION 1

03.450 W 11-11:45am 9/21-10/12

03.451 F 11-11:45am 9/23-10/14

SESSION 2

03.452 W 11-11:45am 10/19-11/9

03.453 F 11-11:45am 10/21-11/18 no 11/11

MOMMY / DADDY & ME SOCCER

Age 2-3½

with Kidz Love Soccer

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A variety of activities designed around the game of soccer will be played each week. As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. **KLS class status hotline (888) 372-5803.**

Marlin Park S

\$55 / \$65 NR • 5 classes

13.401 M 5:20-5:50pm 9/19-10/17

Red Morton Park class held on grass area by Valota Rd.

\$97 / \$115 NR • 9 classes

13.402 Sa 4-4:30pm 9/24-11/19

13.403 Sa 4:35-5:05pm 9/24-11/19

PARENT & ME / TOT BEGINNING ICE SKATING

Age 2½-5

with Nazareth Ice Oasis Staff

Ice skating is a confidence building sport that is challenging and rewarding. These classes will give you a fun introduction to basic ice skating skills including forward and backward skating and stopping. **Skate rental and practice time are included on the day of the lesson only.**

Location: Nazareth Ice Oasis, 3140 Bay Road, RWC

\$84 • 6 classes

PARENT & ME (AGE 2½-5)

03.421 Sa 11:45am-12:15pm 9/10-10/15

03.422 Sa 11:45am-12:15pm 10/22-12/3 no 11/26

TOT (AGE 3-5)

03.423 Sa 11:45a-12:15pm 9/10-10/15

03.424 Tu 3:30-4pm 9/13-10/18

03.425 W 5:20-5:50pm 10/19-11/30 no 11/23

03.426 Sa 11:45am-12:15pm 10/22-12/3 no 11/26

03.427 Tu 3:30-4pm 10/25-12/6 no 11/22



LITTLE HOOPERS

Age 3½-5

with 1 on 1 Basketball www.1on1basketball.com

This unique class introduces the game of basketball to youngsters in a fun, non-competitive environment where players will improve their motor skills, build confidence, and learn the basic fundamentals of the game. Our coaches have been specifically trained to teach basketball to pre-school age children using smaller balls and lower hoops. Come out and PLAY!

Location: RMCC Gym

\$200 / \$220 NR • 13 classes

03.470 Th 10:15-11am 9/15-12/15 no 11/24

PRE-KARATE 1A Age 4-7

with Sensei Robert Terada, 3rd degree black belt

This class is designed for both boys and girls and will emphasize hand-eye coordination, body awareness, social interaction, and karate concepts. It builds confidence, motivates your child to learn and increases attention span. Karate Gi (uniform) may be purchased from instructor. Questions? Contact Sensei Terada's voice mail 650.218.1678 or terada@hakuakai.com

Location: SCC S

\$115/\$135 NR • 10 classes

PRE-KARATE 1A (AGE 4-5)

15.489 Tu 5-5:45pm 9/20-11/22

PRE-KARATE 1 (AGE 5-7)

15.490 Tu 5:50-6:35pm 9/20-11/22

MOMMY AND ME HORSEMANSHIP CLASS

Age 2½-5 with parent/caregiver

A series of 3 classes designed to introduce the smallest member of your family to spending some quality time with mom (or dad) on and around horses. As a group, you'll be introduced to safety, ground manners and get comfortable around horses. We'll teach you all about their special equipment, help you groom and tack up one of our horses and ride as your favorite parent tags along! Download the liability forms/application at www.springdown.com before the first session.

Location: 725 Portola Road, Portola Valley

\$225 • 3 classes

03.430 Tu 10-11:30am 9/13-9/27

03.431 Tu 10-11:30am 11/1-11/15