

MARTIAL ARTS



youth

JU-JITSU / KARATE / ESCRIMA

Age 4+ (or upon instructors approval)
 with Sensei Stephen Tuazon, 5th degree Black Belt in Danzan Ryu Jujitsu & Kosho Ryu Kenpo Karate . Student of Professor James Muro, over 30 years of experience.
 Your child will learn discipline, focus and respect as well as how to defend themselves. As they build their bodies, they will also build their minds. This course covers Karate (kicking and punching), Jujitsu (grappling and body throws) as well as Escrima (weapons training).
Uniforms may be purchased from the instructor for \$28. Questions? Please call Sensei Stephen Tuazon (650)787-3735 or email stephen.tuazon@sbcglobal.net.

Location: SCC **S**

| Class | Age | Day | Time | 9/12-10/24 | 11/2-12/12 |
|---------------------|----------|-----|----------|---|-----------------------------|
| | | | | \$128/\$148NR 12 classes no 10/10 | \$128/\$148NR 12 classes |
| BEGINNING | 4-8 yrs | M/W | 4:15-5pm | 15.400 | 15.403 |
| INTERMEDIATE | 5-12 yrs | M/W | 5-6pm | 15.401 | 15.404 |
| ADVANCED | 6-18 yrs | M/W | 6-7pm | 15.402 | 15.405 |

PRE-KARATE 1 & 1A

INTRO / BEGINNING

Age 4-7
 with Sensei Robert Terada, 3rd degree black belt,. www.hakuakai.com
 This class is designed for both boys and girls and will emphasize hand-eye coordination, body awareness, social interaction, and karate concepts. It builds confidence, motivates your child to learn and increases attention span. Karate Gi (uniform) may be purchased from instructor. Questions? Contact Sensei Terada's voice mail 650.218.1678 or terada@hakuakai.com
 Location: SCC **S**

\$115/\$135 NR • 10 classes

PRE-KARATE 1A (AGE 4-5)

15.489 Tu 5-5:45pm 9/20-11/22

PRE-KARATE 1 (AGE 5-7)

15.490 Tu 5:50-6:35pm 9/20-11/22

PRE-KARATE 2

Age 7-12
 with Sensei Robert Terada, 3rd degree black belt
 This class is designed for children who have completed 3 or more sessions of PK-1 or have instructors approval. Children will work on refining their skills at a more advanced level. New students may be admitted, but only with prior approval from the instructor. Questions? Contact Sensei Terada's voice mail 650.218.1678 or terada@hakuakai.com
 Location: SCC **S**

\$115/\$135 NR • 10 classes

15.491 Tu 6:40-7:25pm 9/20-11/22

TAE KWON DO

Age 6-18
 with Debra Kadner

TAE KWON DO

This Korean martial art program incorporates both modern sport with the traditional art, emphasizing respect, discipline, and a positive attitude towards learning. Students develop endurance, strength, speed, flexibility, and balance; skills that are essential to all athletics. Since this program began in 1997, Ms. Kadner has provided students the opportunity to compete at local tournaments and achieve black belt certification through the World TaeKwonDo Federation. Students are welcome to try the first class for free. Instructor permission is required for Black Belt Training and Sparring classes.
Visit www.MetroTKD.org to learn more.

Location: RMCC

\$205/ \$225 NR • 22 classes
 no 10/31, 11/21, 11/23, 12/12

AGE 6-9 • LEVEL 1

15.470 M/W 3:30-4:30pm 9/19-12/14

AGE 10-18 • LEVEL 2

15.471 M/W 4:30-5:30pm 9/19-12/14

BLACK BELT TRAINING

Age 8+
 For classes focused on Olympic-style sparring and black belt training, instructor permission required.
 Location: RMCC

\$50 / \$59 NR • 10 classes no 10/31, 11/21
 15.472 M 5:30-6:30pm 9/19-12/5

OLYMPIC-STYLE SPARRING

Age 8+
 For classes focused on Olympic-style sparring and black belt training, instructor permission required.
 Location: RMCC

\$65 / \$77 NR • 12 classes no 11/23
 15.473 W 5:30-6:30pm 9/21-12/14

GYMNASTICS & BATON

TUMBLING

Age 4-9

with Arista's Jump Start Gymnastics

Children will work on tumbling skills, strength and flexibility. Your child's confidence will grow in this positive, non-competitive environment. Beginner and Intermediate Boys and Girls are welcome!

Location: RMCC



BATON CLASSES

Age 5-12

with Karla Hubbell

Come give it a twirl! Learn basic baton twirling skills while having fun. Improve eye-hand coordination, dexterity, rhythm, and grace. Baton 2- Must have teacher recommendation. Performing Opportunities available.

Location: CAB

BATON 1

\$45/\$53 NR • 4 classes

10.463 Tu 4-5pm 9/6-9/27

10.464 Tu 4-5pm 10/4-10/25

\$65/\$77 NR • 6 classes

10.465 Tu 4-5pm 11/1-12/13 no 11/22

BATON 2

\$45/\$53 NR • 4 classes

10.466 Tu 5-6pm 9/6-9/27

10.467 Tu 5-6pm 10/4-10/25

\$65/\$77 NR • 6 classes

10.468 Tu 5-6pm 11/1-12/13 no 11/22

youth

| Age | Class # | Day | Time | Dates | Fee | Classes |
|---------|---------|-----|-------------|------------|---------------|-----------|
| Age 4-6 | 14.428 | Tu | 2:30-3:15pm | 9/13-10/18 | \$89/\$106NR | 6 classes |
| Age 6-9 | 14.411 | Tu | 3:30-4:15pm | 9/13-10/18 | \$89/\$106NR | 6 classes |
| Age 4-6 | 14.443 | Tu | 2:30-3:15pm | 11/1-12/13 | \$103/\$123NR | 7 classes |
| Age 6-9 | 14.413 | Tu | 3:30-4:15pm | 11/1-12/13 | \$103/\$123NR | 7 classes |

EXTREME SPORTS

SKATEBOARDING 101

Age 5-12

with Society Skateboarding Staff

Learn to skate or refine your skills from the Society experienced skateboarding instructors at the Red Morton skate park. Skateboarding safety, fundamentals, and technique will be covered in this class. The students will learn to enjoy this sport to the fullest with a focus on balance, coordination, and skateboarding etiquette.

Take advantage of the 10% discount on all safety gear at Society with registration on 625 Laurel Street, San Carlos CA 94070, (650) 596-8182.

Location: Phil Shao Memorial Skate Park
Generations Indoor Skatepark

@ PHIL SHAO MEMORIAL SKATEPARK
RED MORTON PARK

\$105 / \$125 NR • 5 classes

16.412 Sa 11am-12pm 9/10-10/8

16.413 Sa 11am-12pm 10/15-11/12

@ GENERATIONS INDOOR SKATEPARK
2811 SAN CARLOS AVE, SAN CARLOS

\$100 • 5 classes

16.414 Tu 4-5pm 9/6-10/4

16.415 Th 4-5pm 9/8-10/6

16.416 Th 5:05-6:05pm 9/8-10/6

16.417 Tu 4-5pm 10/18-11/15

16.418 Th 4-5pm 10/20-11/17

16.419 Th 5:05-6:05pm 10/20-11/17



ROCK CLIMBING AT PLANET GRANITE

Rock Climbing is a great sport for strength, agility, and confidence building. **Parent must attend first class to sign release paperwork. Child may not participate without signed paperwork. Please arrive 15 minutes early to complete liability waiver forms and bring government issued photo identification to class.** Parking can be found on 43rd Avenue, just north of the gym. Please call (650) 591-3030 for questions or visit www.planetgranite.com.

Location: Planet Granite, 100 El Camino Real, Belmont (650) 591-3030

PARENT AND CHILD BELAY LESSON

Age 5-13

Is your child interested in rock climbing? This one hour lesson allows parents to participate in a fun activity with their kids! The lesson will teach parents the necessary skills to manage the ropes (called belaying) needed for a child to climb at Planet Granite. Class fee includes 1 hour of instruction, gear rentals, and climbing passes for date of lesson. At the end of class, parents will receive a temporary belay certification card so their children can continue to climb and belay for the rest of the day!

16.404 Sa 10-11am 10/15 \$35 • 1 class

16.405 Sa 10-11am 12/10 \$35 • 1 class

YOUTH INDOOR ROCK CLIMBING

Age 5-13

Looking for a fun after school activity for your kid? This exciting 5 week program introduces kids to the great sport of rock climbing. The class will challenge kids both mentally and physically in a safe and supportive team environment. Participants will be broken into age appropriate groups. Planet Granite T-shirt included.

16.406 W 4-6pm 10/12-11/9 \$125 • 5 classes

16.407 F 4-6pm 11/18-12/16 \$125 • 5 classes



SPORTS



INTRODUCTION TO FENCING

with Jay Choi, certified U.S. Fencing Coach
Age 6-12

Learn how to fight with swords in a fun and safe setting. With a focus on fun fencing and games, every fencer walks away from this class with a smile on their face. Our fencing classes include general fitness, footwork, bladework, bouting, hand-eye coordination drills and games. **Lab Fee: \$20 payable to instructor at 1st class for equipment rental.**

Location: Peninsula Fencing Academy, 835 E San Carlos Ave., Ste B, San Carlos

\$102 • 6 classes

SESSION 1

| | | | | |
|--------|----|-------------|-----------|----------|
| 16.420 | Tu | 3:45-4:45pm | 9/6-10/11 | no 11/22 |
| 16.421 | W | 3:45-4:45pm | 9/7-10/12 | no 11/23 |
| 16.422 | Th | 3:45-4:45pm | 9/8-10/13 | no 11/24 |

SESSION 2

| | | | | |
|--------|----|-------------|-------------|----------|
| 16.423 | Tu | 3:45-4:45pm | 10/18-11/29 | no 11/22 |
| 16.424 | W | 3:45-4:45pm | 10/19-11/30 | no 11/23 |
| 16.425 | Th | 3:45-4:45pm | 10/20-12/1 | no 11/24 |



YOUTH BOXING FITNESS (NON CONTACT)

Age 8-17

with Peninsula Boxing & Fitness

You don't have to be a boxer to get a boxing workout. Our classes challenge youngsters in a fun and exciting way combining music, movement, and motivation. Children and teens increase cardiovascular fitness, lose weight, elevate energy levels, enhance muscle tone, build confidence and self esteem, and reduce stress all at their own pace. Learn stance, footwork, and striking technique employing explosive punch and kick combinations on heavy bags for a super cardio total body conditioning workout. Interval training is introduced to build lung capacity and increase heart rate for high calorie burn. Sharpen skills and develop stamina with punch mitt routines. Do various partner drills and fun strength exercises for cooperative interaction among students. Conclude with cool down and flexibility. **\$36 fee for gloves and hand wraps.**

Location: Peninsula Boxing & Fitness
2860 Spring St. #1, Redwood City

SESSION 1

\$58 • 8 classes

| | | | |
|--------|----|---------|------------|
| 15.412 | Tu | 5-6pm | 9/6-10/25 |
| 15.413 | W | 5-6pm | 9/7-10/26 |
| 15.414 | Sa | 10-11am | 9/10-10/29 |

SESSION 2

\$58 • 8 classes

| | | | |
|--------|----|-------------|------------|
| 15.415 | Tu | 4:30-5:30pm | 11/1-12/20 |
| 15.416 | W | 4:30-5:30pm | 11/2-12/21 |

\$51 • 7 classes

| | | | |
|--------|----|---------|------------|
| 15.417 | Sa | 10-11am | 11/5-12/17 |
|--------|----|---------|------------|

ZOPPE

An Italian Family Circus
October 14-23, 2011
For Tickets and Information Visit RedwoodCityEvents.com

DOWNTOWN!
REDWOOD CITY

DESIGN BY HELLERBY MANAGEMENT

SPORTS & FITNESS

ICE SKATING

with Nazareth Ice Oasis Staff 650.364.8090

Skate rental and practice time are included on the day of the lesson only. Gloves/Mittens recommended (loaners available). Please arrive 15 minutes before class.

Location: Nazareth Ice Oasis, 3140 Bay Rd. Redwood City, California 94063



YOUTH BEGINNING ICE SKATING

Age 6-12

Ice Skating is a confidence-building sport that is challenging and rewarding. These classes will give you a fun introduction to the basic ice skating skills, including skating forward, backward and stopping. Skate rental and practice time are included on the lesson day.

\$84 • 6 classes

SESSION 1

16.450 Tu 4-4:30pm 9/13-10/18

16.451 Sa 11:45a-12:15p 9/10-10/15

SESSION 2

16.453 Tu 4-4:30pm 10/25-12/6 no 11/22

16.454 W 5:20-5:50pm 10/19-11/30 no 11/23

16.455 Sa 11:45a-12:15p 10/22-12/3 no 11/26

BEGINNING ICE HOCKEY SKILLS

Age 6-12

Skaters must have taken a beginning ice skating class or be able to skate forwards, backwards and stop. Will learn hockey skills but will not use sticks, pucks or wear equipment.

\$84 • 6 classes

24.456 Sa 11:45a-12:15p 9/10-10/15

24.457 W 5:20-5:50pm 10/19-11/30 no 11/23

24.458 Sa 11:45a-12:15p 10/22-12/3 no 11/26

BEGINNING ICE SKATING MINI-CAMP

Age 5-12

Join us for this short session over winter break! The lesson runs 10:00-10:30am and there is practice from 10:30-11:30am.

\$56 • 4 classes

24.460 M-Th 10-10:30am 12/19-12/22

ROLLER SKATING

Age 3+

with Redwood Roller Rink

Learn to roller skate. It's fun for the whole family and provides great aerobic and weight-bearing exercise. Instructors are experts at quad and inline skating for all levels. Class begins at 1pm. Please arrive at 12:45pm. Open skate follows class from 1:30-4pm!

Location: Redwood Roller Rink

1303 Main St., Redwood City

\$45 • 4 classes

26.460 Sa 1-1:30pm 9/3-9/24

26.461 Sa 1-1:30pm 10/1-10/22

26.462 Sa 1-1:30pm 10/29-11/19

26.463 Sa 1-1:30pm 11/26-12/17



CRAZY ABOUT HORSES DAY

MINI CAMP

with Springdown Equestrian 650.851.1114

Age 6+

Love horses? Here is your chance to spend a day with one of 50 well-trained school horses, learn about safety and handling horses, tacking and grooming your horse, and of course ride! Enjoy a live demonstration and hands on activities. It is the perfect introduction to learning about horses and all in a day to get your boots wet. Download the liability forms/application at www.springdown.com/camps prior to camp day. Due to the physical limitations of our horses, rider's weight should not exceed 225 pounds. **NO REFUNDS 7 DAYS PRIOR TO CLASS START DATE.**

Location: 725 Portola Road, Portola Valley

\$125 • 1 day mini camp

16.465 Sa 10am-2pm 10/15

INTRODUCTION TO ENGLISH HORSEBACK RIDING

with Springdown Equestrian 650.851.1114

Age 6+

For the beginner rider: you learn safety, horse handling and care through grooming and hands on activities at our professional riding facility. Our knowledgeable instructors will teach you to mount and dismount correctly to riding in our arenas under our watchful eye. Wear long pants and a boot with a heel. We also have riding boots and helmets available for each rider. Due to the physical limitations of our horses, rider's weight should not exceed 225 pounds. **Download the liability forms/application at www.springdown.com before the first session.**

Location: 725 Portola Road, Portola Valley

\$175 • 3 classes

16.466 F 1:30-2:30pm 9/16-9/30

16.467 F 1:30-2:30pm 11/4-11/18

TENNIS AT YOUR SERVICE

Taught by the staff of Stanford Tennis Coach John Whitlinger and USPTA Professional Tom Sarsfield.

Enjoy top-flight instruction from the staff of Whitlinger & Sarsfield Tennis. Youth & adult classes of 3-8 students will consist of eight hours of instruction. Classes of 2 students will be converted into 4 lessons. Students provide own rackets.

IMPORTANT: In case of rain, contact the Recreation dept. at 650.780.7311 within the hour before scheduled starting time for class status or check with the instructor at the court. **NO POSTPONEMENT ANNOUNCEMENT WILL BE INITIATED BY THE INSTRUCTOR OR BY THE RECREATION DEPARTMENT.** Unless notified to the contrary, make up lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) or Sundays (for weekend lessons) may be used at the instructor's discretion. **NOTE:** If an earlier class is postponed due to rain, all the following classes may also be postponed that day even if the courts become dry.

Location: Red Morton Tennis Courts, 1400 Roosevelt Ave.



YOUTH

QUICKSTART TENNIS

Age 9-10

Kids will enhance their skill development with special compression tennis balls on the "60 ft. court". Play to learn!

\$84 / \$100NR • 8, 1 hour lessons

16.489 Sa 1-2pm 9/17-11/5

YOUTH NOVICE/ LOW INTERMEDIATE TENNIS

Age 11-14

Develop the essential techniques with emphasis on control, depth, and direction on the "78 ft. court" with regulation tennis balls. Lessons will also incorporate basic strategy and tactics.

\$84 / \$100 NR • 8, 1 hour lessons

16.490 Sa 11am-12pm 9/17-11/5

TERRIFIC TINY TENNIS

Age 5-8

Children play FUN activities and games with low compression tennis balls on the "42 ft. court" that will enhance their skill development in a success oriented environment. Small group lessons, only 2-6 students! We recommend the 23" to 25" rackets.

\$84 / \$100 NR • 8, 40 min lessons

AGE 5-6

16.495 Sa 2:40-3:20pm 9/17-11/5

AGE 7-8

16.496 Sa 2-2:40pm 9/17-11/5

INDIVIDUAL TENNIS LESSONS

Learn new strokes or improve your old ones through individualized lessons based on your needs. All ages, beginners to advanced.

Call the Redwood City Parks and Rec Dept. at (650)780-7311 or visit WhitlingerSarsfieldTennis.com for contact information to make arrangements.

Location: Mezes Park Ct. #1

(instructor priority at all times)

Red Morton Park Ct. #1

(Saturdays 9am-9pm)

Fee: \$55 per hour or \$150 for three one hour lessons (Add \$5 per hour for each additional person). All checks payable to the "City of Redwood City". Check and registration form must be given to the instructor at the time of your lesson.

Visit WhitlingerSarsfieldTennis.com for more information.



SOCCER

youth



KIDZ LOVE SOCCER

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!"

Shin guards are required after the first meeting. KLS class status hotline (888) 372-5803

TOT SOCCER (3½-4YRS)

Tot Soccer is a great way to introduce your child to the exciting sport of soccer. Young children will develop large motor skills while having fun running and kicking just like the big kids! **Shin guards are required after the first meeting.**

PRE-SOCCER (4-5YRS.)

Children will have fun and learn the basic techniques of the game while building self-esteem and learning to follow instructions in a nurturing teaching environment. **Shin guards are required after the first meeting.**

SOCCER 1 (5-6YRS)

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. **Shin guards are required after the first meeting.**

SKILLS AND SCRIMMAGES (7-10YRS.)

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport! **Each participant will receive a soccer jersey. Shin guards are required after the first meeting.**

MARLIN PARK S

Neptune Dr. & Cringle Dr., Redwood Shores

| Class | Day | Time | 9/19-11/14 \$97 / \$115NR 9 classes |
|-----------------------|-----|-------------|---|
| Pre-Soccer (age 4-5) | M | 3:25-4pm | 13.408 |
| Soccer 1 (age 5-6) | M | 4-4:45pm | 13.409 |
| Tot-Soccer (age 3½-4) | M | 4:45-5:15pm | 13.410 |

RED MORTON PARK

1400 Roosevelt Ave., RWC 94061

| Class | Day | Time | 9/22-11/17 \$97 / \$115NR 9 classes |
|--|-----|---------------|---|
| Tot-Soccer (age 3½-4) | Th | 10-10:30am | 13.411 |
| Pre-Soccer (age 4-5) | Th | 10:30-11:05am | 13.412 |
| Tot-Soccer (age 3½-4) | Th | 3:00-3:35pm | 13.413 |
| Pre-Soccer (age 4-5) | Th | 3:00-3:35pm | 13.414 |
| Soccer 1 (age 5-6) | Th | 3:35-4:20pm | 13.415 |
| \$104 / \$124 NR • 9 classes Skills & Scrimmages (age 7-10) | Th | 4:25-5:10pm | 13.416 |

| Class | Day | Time | 9/24-11/19 \$97 / \$115NR 9 classes |
|--|-----|-------------|---|
| Soccer 1 (age 5-6) | Sa | 2:30-3:15pm | 13.417 |
| Tot-Soccer (age 3½-4) | Sa | 4:10-4:40pm | 13.418 |
| Pre-Soccer (age 4-5) | Sa | 4:40-5:15pm | 13.419 |
| \$104 / \$124 NR • 9 classes Skills & Scrimmages (age 7-10) | Sa | 3:20-4:05pm | 13.420 |

RAIN-OUT HOTLINE 1.888.372.5803



**KIDZ
LOVE
SOCCER**

SKI & SNOWBOARD

BLUE ANGELS YOUTH SKI & SNOWBOARD PROGRAM

Age 7-16

with Blue Angels Staff & Sierra-at-Tahoe Instructors

\$849 • 5 Saturdays

16.470 Sa 5:30am-7pm 1/21-2/25 no 2/18/12

Come join us on 5 trips to the local mountains & snowboard or ski with a certified coach! The Blue Angels program features 5 full Saturdays of coaching, a plush ride, Sierra lift tickets, a hearty lunch and even a Pro-Tec helmet! Whether you're a first-timer or already an expert, you'll love the on-snow fun with Blue Angels! The Blue Angels program provides a learning environment that fosters independence, builds self-esteem and boosts athletic skills. Please visit www.BlueAngelSnow.com or call (925) 939-7669 for more information.



youth

Community Youth Sports Directory

REDWOOD CITY GIRL'S SOFTBALL LEAGUE

Girl's Softball League for ages 5-16 Register online at www.rcgsl.org or pick up form at Red Morton Center Steve Chandler 650.703.3505 steve@rcgsl.org

POP WARNER FOOTBALL AND CHEERLEADING

Call (650)216-7249 / www.rc49ers.com

REDWOOD CITY AFTER SCHOOL SPORTS

Erin Niemeyer at 780-7335. **Coaches Needed!** eniemeyer@redwoodcity.org

SHERIFF'S ACTIVITIES LEAGUE

Travis Martin (650) 599-1693

RWC AYSO SOCCER

Fall season (August-November) For info call 364-AYSO or visit www.ayso1.org

PANTHERS BASKETBALL CLUB

AAU Girls Basketball Club Contact: Steven Diaz 415-760-3779 coachdiaz@gmail.com

PENINSULA BOXING & FITNESS

Year round amateur competition for ages 8-34. Contact: Nick Bellafatto 650-290-1920 www.peninsulaboxing.org

LITTLE LEAGUE /YOUTH BASEBALL

RWC Parks, Recreation and Community Services supports the City's Little League programs by providing fields and sponsoring the City Wide Tournament; however, it does not conduct registrations, collect fees, or organize teams. You should contact the individuals listed below for each league's sign-up dates and fees:

| LEAGUE | CONTACT | PHONE | EMAIL / WEB |
|----------------|----------------|----------|---|
| R.C. National | Scott Sammons | 274-2241 | RCNLL1@yahoo.com or RCNLL.com |
| Highlanders | Sean Barstad | 366.1269 | sean.barstad@gmail.com / www.highlandersll.org |
| R.C. American | Maria Pimentel | 464.9890 | RCAmericanLL@netscape.net , etamz.com/RCALL |
| Belmont/Shores | Mike Davies | N/A | BRSLL.org |
| RWC Pony/Colt | Rick Mazzoni | 771.0876 | rjmazzmgr@yahoo.com |

YOUTH SOCCER

Redwood City Parks, Recreation and Community Services Department supports the City's soccer programs by providing fields and sponsoring the events. However, it does not conduct registrations, collect fees, or organize teams. You should contact the individuals listed below for each league's sign-up dates and fees:

| LEAGUE | CONTACT | PHONE | WEB |
|-------------------------|-----------------|--------------|--|
| Juventus Sport Club | Ray Bolanos | 415.778.1357 | www.juventusportclub.org |
| Madera Roja Soccer Club | Anna Maciel | 361.1963 | maciel65@msn.com |
| | Eduardo Carillo | 364.0554 | |
| RWC AYSO | Andy Moore | 575.3091 | ayso1.org |
| Bel/RWS AYSO | Greg Snow | N/A | ayso108.org |
| Gryphons Soccer Club | Matt Zucca | 346.7033 | gryphonsoccer.com |
| | Jair Campos | 207.2706 | |
| Belmont United | Savario Ferme | 207.2706 | belmont.united@gmail.com |

FIELD CONDITION HOTLINE 780-7389

YOUTH AFTER SCHOOL SPORTS- GOLF PROGRAM

Redwood City Parks & Rec and Emerald Hills Golf Course, in partnership with Hook A Kid on Golf, is offering 3-Part Youth Golf Program. All classes are taught at Emerald Hills. Each Clinic is a separate class and classes must be taken in order. Both the Tee and Green Level Clinics must be completed in order to participate in the Challenge Golf League. Participants of the Tee Level Course receive a starter set of Golf Clubs they can keep. Classes offered Mondays & Saturdays.

For more information, contact Chris Raddie at 650.368.7820. Scholarships/Payment Plans are available for those who qualify. Contact Erin Niemeyer at 650.780.7335 for more information. Registration forms are available at www.teamsideline.com/redwoodcity and at Red Morton Community Center. **Any forms turned in after the registration deadline will be subject to a non-refundable late fee in the amount \$20.00 per participant & all non-refundable shipping charges that apply.**

REFUND POLICY-Full refunds will not be given after the deadline date due to the non-refundable equipment needed to be ordered at that time. Refunds after the deadline date will be minus the cost of equipment & shipping costs. (Amount to be refunded - Tee-\$50/\$60 (own clubs)/Green-\$125/Challenge-\$75.)

youth

TEE LEVEL CLINIC

Registration Deadline: September 2nd, 2011

Ages 8-15

Participants will learn basic swing fundamentals, putting and chipping, rules and etiquette. Each child will receive a starter set of golf clubs, T-Shirt, Bag tag, hat, rules, and golf balls. (The first lesson will be from 4-6pm (Mondays) or 2:30-4:30pm (Saturdays) with a 30 minute Parent Orientation to begin the class.)

| | | | \$175 / \$195 NR CLUBS INCLUDED | \$100 / 120 NR BRING OWN CLUBS |
|----|----------|------------|------------------------------------|-----------------------------------|
| M | 4-5:30pm | 9/19-10/17 | 46.494 | 46.499 |
| Sa | 2:30-4pm | 9/24-10/22 | 46.495 | 46.500 |

GREEN LEVEL CLINIC

Registration Deadline: October 10, 2011

Ages 8-15

The Green Level Training Program stresses the importance of learning the rules & etiquette of the game. The program starts with a skill evaluation and takes participants through practical instruction starting on the TEE and ending on the GREEN. Participants will receive Green Level Training Handbook, Membership Tag, Golf Balls and Tees, Ball Markers, Divot Repair Tool and One year subscription to *Tee to Green*. (The first lesson will be from 4-6pm (Mondays) or 2:30-4:30pm (Saturdays) with a 30 minute Parent Orientation to begin the class.)

Fee: \$150 / \$170 NR

| | | | |
|--------|----|-------------|---------------------|
| 46.496 | M | 4-5:30pm | 11/7-12/5 |
| 46.497 | Sa | 2:30-4:30pm | 11/5-12/10 no 11/26 |

CHALLENGE GOLF LEAGUE

Registration Deadline: December 15, 2011

Ages 8-15

Each participant will be placed on a team of 4 and compete in 5 tournaments. In addition, participants will get one free round during each week of the league. Participants will also receive a Handbook, Bag tag, Tee Pack, and Divot Repair Tool. (The first league day will have a 30 minute Parent Orientation to begin the class.)

Fee: \$100 / \$120 NR

| | | | |
|--------|----|-----|-----------------|
| 46.150 | Sa | 1pm | 1/14/12-2/11/12 |
|--------|----|-----|-----------------|



REDWOOD CITY AFTER SCHOOL SPORTS PROGRAM

FALL SPORTS 2011

Visit www.teamsideline.com/redwoodcity for detailed information.

Provided by the Redwood City Parks, Recreation & Community Services Department, in collaboration with the Sheriff's Activities League, the Boys and Girls Club of the Peninsula, and supported by the Redwood City Police Activities League.

League Overview:

- **Students must participate for the school they attend.**
- Forms will be available at Red Morton Center and at the schools.
- Cost: \$50.00
- Practices are typically after school based on coaches availability.
- League games are typically 2 times/week (M/W or Tu/Th 4, 5 or 6pm).
- Games will be played at MIT, Kennedy, Red Morton, Hawes, Fair Oaks and the Boys and Girls Club of the Peninsula depending on the sport.
- **For sports at Clifford, Garfield & Fair Oaks Schools, please contact the Sheriff's Activities League at 650.599.1693.**
- **For sports at Hoover School, please call Dennis Alaba at the Boys & Girls Club at 650.587.9369.**
- **For sports at all other Redwood City schools, contact Erin Niemeyer at 650.780.7335 for more information.**

CLINICS



VOLLEYBALL CLINICS COACHES CLINIC

Sunday, Sept. 11th at Red Morton
9am-4pm Lunch will be provided.

PLAYERS CLINIC \$20

Sunday, Sept. 18th, 2011 @ Red Morton
4-5th Grade, 1-3pm,
6-8th Grade 3:30-5:30pm
Registration forms available at RMCC



BASKETBALL COACHES CLINIC 4TH/5TH GRADE COACHES

Sunday, November 6th at Red Morton
9am-4pm. Lunch will be provided.

6TH-8TH GRADE COACHES

Sunday, Jan. 8th 9-4pm (lunch included.)
This clinic will emphasize how to teach basic fundamentals, principles of offense and defense, and practice structure.

youth

| REGISTRATION DEADLINE | COACHES MEETING | PRACTICE (TIMES/DAYS BASED COACHES AVAILABILITY) | SEASON | DAYS & TIMES | LOCATION |
|--|---------------------------|--|-----------------|---|---|
| FLAG FOOTBALL 6TH-8TH GRADE BOYS | | | | | |
| Mid August-9/2/11 | Mon. 9/12 6pm RMCC | 9/13-9/30 | 10/3-11/16 | M/W 4, 5, or 6pm (Tu/Th for rainout make-ups if needed.) | Hawes |
| VOLLEYBALL 4TH/5TH GRADE GIRLS | | | | | |
| Mid August-9/2/11 | Mon. 9/12 7pm RMCC | 9/13-9/23 | 9/27-11/27 | Games Tu/Th at 4, 4:45, 5:30, or 6:15pm | RMCC, McKinley, & Kennedy |
| VOLLEYBALL 6TH, 7TH, 8TH GRADE GIRLS | | | | | |
| Mid August-9/2/11 | Mon. 9/12 7pm RMCC | 9/13-9/30 | 10/4-11/17 | Games M/W at 4, 4:45, 5:30, or 6:15pm | RMCC, McKinley, & Kennedy |
| STREET HOCKEY 4TH/5TH GRADE BOYS & GIRLS | | | | | |
| Mid August-9/2/11 | Wed. 9/14 6pm RMCC | 9/15-9/23 | 9/27-11/20 | Tu/Th Games 4 or 5pm | Fair Oaks & Hawes |
| CROSS COUNTRY 5TH(FUN RUNS), 6TH, 7TH, AND 8TH GRADE BOYS & GIRLS | | | | | |
| Mid August-9/2/11 | Tues. 9/13 6:30pm RMCC | 9/14-11/12 | 9/14-11/12 | Meets: 10/13, 10/27, 11/3 @ 4pm Optional Middle School Races: 9/23 Ram Invitational 10/8 Castro Valley Invitational Mid-Nov. Bay Area Championships | Stulsaft Park/ Edgewood Park |
| BASKETBALL 4TH /5TH GRADE BOYS & GIRLS & 6TH GRADE BOYS AND GIRLS | | | | | |
| Registration Deadline 10/21/11 | Wed. 11/2 6pm RMCC | 11/3-11/25 | 11/28-1/26/12 | M/W Boys, T/Th Girls Games at 4, 5, or 6pm | RMCC, Boys & Girls Club, Kennedy & McKinley |
| BASKETBALL 7TH & 8TH GRADE BOYS & GIRLS | | | | | |
| Registration Deadline 11/29/11 | Thurs. 12/8 6pm RMCC | 1/9/12-1/27/12 | 1/30/12-3/29/12 | M/W Boys T/Th Girls Games at 4, 5, or 6pm | RMCC, Boys & Girls Club, Kennedy & McKinley |